

## Tara Skating Club – Return to Play

As we look forward to another skating season we have a duty to adjust our program to help prevent the spread of COVID-19 within our club and community. In consultation with the Municipality of Arran-Elderslie, Public Health and Skate Ontario we have comprised this document to identify the controls and policies that will be used to limit the spread of COVID-19.

### Physical Distancing - Facility

- 1 parent/guardian per family will be permitted into the facility
- Entry to the facility will be limited to 15 minutes before your session
- Skaters must exit the facility within 10 minutes after the end of their session
- Skaters will be expected to arrive at the facility dressed to skate
- Skaters will be split into groups and assigned change rooms to ensure maximum limit is not met
- Dressing rooms will be limited to skate changes only and a maximum 10 skaters per room
- Skaters will stay in change room until called to the ice
- Separate entrance and exit doors to and from the ice surface will be signed
- Skaters will be dismissed from ice based on program level

### Physical Distancing - On ICE

- There will be a maximum of 20 skaters plus 4 coaches/program assistants on the ice per session for CanSkate & STARSkate
- Parent & Tot will have a maximum of 30 skaters (15 family bubbles) plus 4 coaches/program assistants on the ice

### Cleaning & Sanitization

- There will be no shared equipment between skaters
- Music control will be done by one individual
- CanSkate supplies will be handled by coaches/program assistants who will sanitize before and after touching them
- The gloves and mitts of skaters should be washed and cleaned between skating sessions

### PPE (Personal Protective Equipment)

- Masks must be worn:
  - when entering and exiting the facilities
  - in the change rooms
  - using public washrooms
- All skaters and coaches will be required to wear masks on the ice surface where social distancing cannot be maintained as recommended by the health unit

### Skate Ontario COVID-19 Waiver

All individuals participating in the Tara Skating Club must complete the Skate Ontario Acknowledgment, Release, Indemnity and Assumption of Risk regarding COVID-19("COVID-19 Waiver"). Failure to do so means that individual must not participate in club activities.

Any individual participating in club activities is required to complete a COVID-19 Waiver:

- Skaters
- Coaches
- Staff
- Board Members
- Volunteers
- Officials (please note: this will be kept on file with Skate Ontario)

## An individual becomes unwell with symptoms of COVID-19

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in club activities.
- The individual should be isolated from all others in a well-ventilated area, or outside and provided with a non-medical face mask if one is available
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing
- The facility should be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting
- A member of the COVID-19 Oversight Group should be informed of the situation and should contact the individual or their parent/guardian to determine if next steps are being taken regarding testing

## An individual is tested for COVID-19

- Any individual that is part of the club that is unwell and has been tested for COVID-19 must not participate in club activities while waiting for the results of the test
- Any individual that is part of the club, has been tested for COVID-19, has no COVID-19 symptoms, no known exposure to COVID-19 and no travel history is permitted to participate in club activities while waiting for the results of the test

## An individual tests positive for COVID-19

- If an individual tests positive for COVID-19, they should inform a member of the club COVID-19 Oversight Group
- The COVID-19 Oversight Group will work where requested with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist public health officials in informing other club members who may have been in close contact with the individual
- Any club members who were in close contact with the individual should not participate in club activities for 14 days and should follow public health guidelines regarding self-isolation and testing
- It is recommended to also inform all club members of a positive COVID-19 result within the club setting
- The club should inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines
- The club will inform Skate Ontario of a positive COVID-19 diagnosis by e-mailing [clubsupportservices@skateontario.org](mailto:clubsupportservices@skateontario.org)

## Return to club/skating activities following illness or exposure to COVID-19

- Individuals must follow all public health and facility guidelines with respect to returning to skating following an illness or exposure to COVID-19
- If a COVID-19 test was negative and there was no known exposure to COVID-19, the individual may return to club activities once they no longer have any symptoms of COVID-19 for at least 24 hours
- If a COVID-19 test was negative and there was a known exposure to COVID-19, the individual may only return to club activities fourteen days after any symptoms started and once they no longer have any symptoms of COVID-19

#### Return to club/skating activities following COVID-19

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities

#### Modification/restriction/postponing or canceling of club activities

- The club members will be informed as soon as possible of any modifications/restrictions or cancellations
- The clubs will keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government or sport officials
- The \$44 Skate Canada fee is non-refundable and cannot be returned after registration. In the event of a COVID-19 shutdown all refunds will be issued on a pro-rated basis. All other refund requests must be submitted in writing before the third week of skating to receive a 50% refund.

#### Public Health Guidelines

Club members should follow all public health guidelines regarding COVID-19. These may include:

- Any club members who themselves have travelled outside of Canada must self-isolate and not participate in club activities for 14 days, unless the individual has a Government of Canada Travel Exemption
- Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in club activities for 14 days, unless they engaged in consistent and appropriate use of PPE (i.e. healthcare workers)
- Any individual with symptoms of COVID-19 is not permitted to take part in club activities
- Participants will be directed to wash or sanitize their hands upon arrival
- Participants to provide own hand sanitizer & wipes
- Health screening will occur upon entry as specified by Skate Ontario